



Endeavor

JKA Hawaii Newsletter

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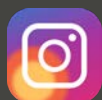
**Message from Sensei
(Japanese)**

JKA HAWAII

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Message from Sensei: Never forget the spirit that you started with

Everyone tries to challenge something new and difficult. When you reach the goal you aimed for, you aim for a higher level or try something completely different. You may succeed or you may fail.

When you face a setback, it is very important to return to the beginning and remember the experiences and trials so far. Also, never forget the teacher and seniors who led you to that point as well as the people around you who helped you along the way. Be humble. Don't forget how you felt when you started. If you do, you will lose sight of the future.

In 2021, we've welcomed more than 30 new members at JKA Hawaii. Every time a new student joins, it reminds me of the time when I first started karate as a teenager. I have such gratitude toward the teachers and seniors who taught me. I think about each student's future and do my best to teach them with everything I know about karate-do.

日本語版はページ6をご覧ください。





Karate-do and Rei

"Rei" means "bow," or, more broadly, "proper manners" and ultimately "respect for others." Rei is not only pertinent to karate-do but it is one of the most important elements in life.

It has always been said, "Karate-do begins with courtesy and ends with courtesy." To show the spirit of karate-do in one's karate form, one must emphasize proper manners. The practice of proper manners is central to the mindset of karate. Karate without them is karate without its spirit, and therefore is not karate-do.

Rei comes from the respect one has for others. So it must be sincere, coming from the innermost aspect of one's heart. And one must straighten and hold upright one's heart. In this sense, rei is important not just in the dojo but throughout daily life. To learn, refine, and master rei is an essential part of karate-do.

Excerpt from Fundamentals of Karate-Do by Master Masataka Mori

UPCOMING EVENTS November December 2021

Thursday, November 25

In observance of Thanksgiving Day, Hawaii Kai Class will be canceled.

Friday, December 24

Saturday, December 25

St. Patrick Class will be canceled on Christmas Eve and Christmas Day.

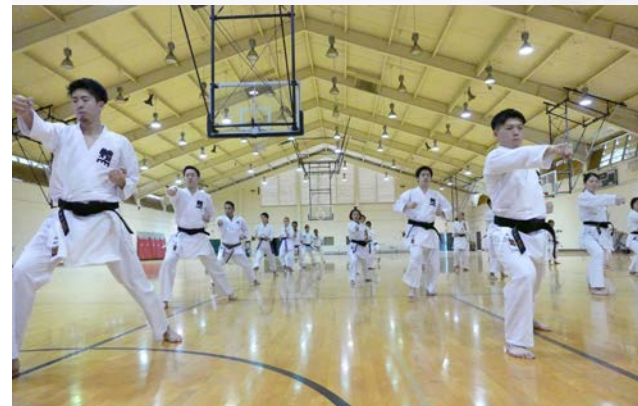
Friday, December 31

Saturday, December 25

St. Patrick Class will be canceled on New Year's Eve and New Year's Day.

Please be advised that November/December practice schedule will be announced via email.

Please look for email from Maeda Sensei.



東海堂 -TOKAIDO-
SINCE 1956

Since 1956, Tokaido has been supplying karatekas in Japan and all over the world with the finest uniforms (karate gi), belts (obi) and protectors for the combat sports. Please check out their websites: www.tokaidojapan.com (日本語サイト) www.tokaido.tokyo

Meet JKA Hawaii New Black Belts



Taylor Chase, JKA Hawaii Member Since 2011

Passing the Shodan test in Karate is my biggest accomplishment. This was also one of the best things that has ever happened to me. When I passed the Shodan test I felt so proud of myself and so did my family. It has been a long 7 years and a long journey to get this far but this is just the beginning. Becoming a black belt is when you get to start learning Karate. I started training under Maeda Sensei at the age of 4. The other day Maeda Sensei mentioned that how much better I have become was really touching. When I received my black belt I couldn't believe I was actually wearing one. I appreciate everyone who has guided me to get this far in karate.

Rayden Kikiloi, JKA Hawaii Member Since 2015

I feel very proud about passing the Shodan test. It has opened new doors for me now that I can start learning more about the true meaning of karate. My resolution as a black belt is to be able to learn skills to a point in which I can be absolutely confident in situations where I may need to protect someone or myself.

Richelle Kikiloi, JKA Hawaii Member Since 2015

I feel that passing the Shodan test was one of the biggest milestones for me in karate so far. Passing has also made me realize how much I've practiced to get where I am. However, now that I have acknowledged it, I feel that I still have a long way to go in terms of skills. It makes me very excited that I will be able to learn karate more in-depth from now on and I look forward to it. My main resolution as a black belt is that I want to learn more advanced techniques. Learning still continues as a black belt, therefore my biggest aspiration is that I want to keep learning and developing my karate skills.

Ryunosuke Masuda, JKA Hawaii Member Since 2019

I started karate when I was in the first grade in Japan. After six years of training both in Japan and Hawaii, I finally got my black belt, it gave me a sense of accomplishment. Looking back over the last six years, I noticed that my thoughts on karate were different between when I first started learning karate and now. I wanted to try martial arts to become stronger and to protect myself, but now I care more about others and think about how I can best utilize my skills to protect others. I am very grateful for the teachers in Japan and Hawaii who have taught me karate in the last six years.

Ossu! from Japan by Yuji Shinomiya Sensei (8th Dan)

Kogakukai - Ichikawa, Chiba

I have travelled around the world to teach and compete karate. Hawaii is one of the places I visited and I have so many great memories of Hawaii. I first visited Hawaii in 1980 to hold a special seminar.

25 years later, Japan Karate Association Chiba Headquarters held a special summer camp at the University of Hawaii and 30 of us participated in the camp. Maeda Sensei and JKA Hawaii members took care of us well, and we really appreciated the hospitality.

Since then, we've kept in touch. Some of my students visited JKA Hawaii a couple of years ago and they had a great time training with JKA Hawaii members.

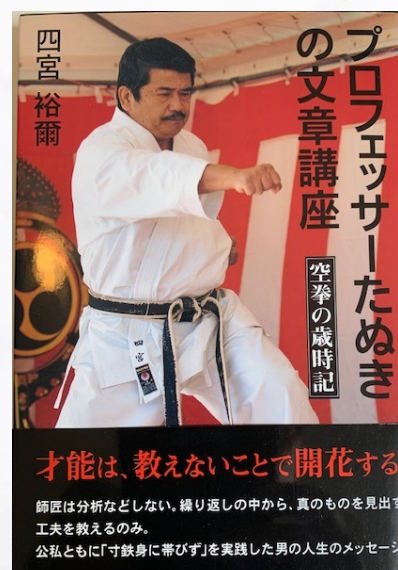
Hawaii was the first overseas location of the Japan Karate Association. As Okinawa Karate has been around in Hawaii long time, Japan Karate Association also has a long history in Hawaii since 1960. Legendary karateka such as Kanazawa Sensei and Mori Sensei came to Hawaii to teach karate. Therefore, Hawaii is a special place for me. I hope to visit Hawaii and meet JKA Hawaii members again soon.

Yuji Shinoyama

Message from Maeda Sensei:

As Shinomiya Sensei mentioned, JKA Hawaii has such a long and great relationship with JKA Chiba Headquarters. As matter of fact, Ryunosuke who just became black belt used to train at a JKA dojo in Chiba. Also, Shinoyama Sensei published a book about his karate life in 2010 from Bungeisha. It is one of my favorite karate books.

Japan Karate Association Ichikawa HP: <http://jka-ichikawa.com/>



今月の日本語

KARATE TERMINOLOGY "Kata"

Rei = bow 礼

Yoi = Ready 用意

Hajime = begin 始め

Yame = stop 止め

Zanshin = alert spirit 残身

Naore = recover 直れ

Yasume = relax 休め



September 25 Dan/Kyu Exam Report

On September 25, 23 members from Waikiki and Hawaii Kai Dojos took the kyu exam and four members took the annual Dan test. Congratulations for those who passed the test!

[RESULTS]

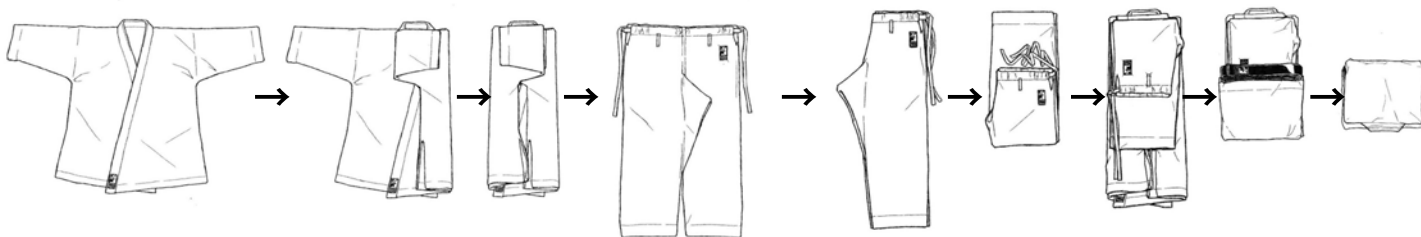
- SHODAN: Taylor Chase, Rayden Kikiloi, Richelle, Kikiloi, Ryunosuke Masuda
- 1st Kyu: Mark Nakai
- 2nd Kyu: Skyler Chase, Enzo Leung, Leo Nakai
- 3rd Kyu: Anthony McLennan
- 4th Kyu: Akitaka Garner, Kendo Kajita
- 5B Kyu: Lauren Elliott
- 6th Kyu: Kailer Ogata, Rian Rio Palmieri, Mailey Izawa, Mahina Kaholokula
- 7th Kyu: Koharu Garner, Sally Mito, Daniel Kidani,
- 7B Kyu: Robert Garcia,
- 8th Kyu: Joshua Aguiler, Anna Randall, Jonathan Umali, Maven Nutter,
(Tested on 10/30) Nami Kimoto, Briella K. Boyd
- 8B Kyu: Anthony Lai, Allen Shin,



Dojo Etiquette - How to Fold "Gi"

"Gi" must be clean. After each use, we must wash the "Gi" and then fold it properly. In doing so, we mentally prepare for the next practice.

Proper way of folding "Gi"



ANY QUESTION? Please email us at info.jkahawaii@gmail.com

message

FROM SENSEI

前田先生の今月のメッセージ：生涯初心

人は皆、様々なことへの挑戦を試みる。目指したゴールに到達すると、さらにその上のレベルを目指したり、全く違うものに挑戦する。その都度成功することもあるれば、挫折することもあるでしょう。失敗をしたり挫折感を感じた時、初心にかえり今までの経験や試練等を思い出すことは大変重要なことだと考えます。また、そこまで導いてくれた恩師や、目的達成のために協力してくれた周りの人たちのことを決して忘れてはならない。「初心忘れるべからず」という言葉がありますが、何事においても原点を忘れると先を見失うことになります。

今年に入り新しいJKAハワイメンバーも増えました。新しい生徒を迎えるたびに、自分が空手を始めた10代後半の時のことを思い出します。未経験の自分を指導してくれた先生や先輩方々を思い、感謝の気持ちとともに生徒一人一人の未来を思い、私も指導に励んでいる日々です。



JKA HAWAII T-shirts Available for Sale!

Available Sizes

Adult: Extra Large, Large, Small

Keiki: Medium



MANDARA
— SPA —



Hilton Hawaiian Village
ext.74370 or (808) 945-7721